

## The Road to Recovery Begins Here.

A successful surgery is just the beginning of the road to recovery for a patient. A strong, functional outcome results from patients working together with expert rehabilitation professionals.

Now, clinicians have a new technology that brings a greater level of safety and control to the rehabilitation process that is not being utilized by traditional methods.



## Introducing the G-Trainer™

A NASA developed Anti-Gravity Treadmill™ that helps patients recover faster from orthopedic and neurologic conditions. The G-Trainer™ is the first FDA-cleared therapeutic device that allows precise partial weight bearing exercise with natural, closed chain activity.

## How Does it Work?

The G-Trainer™ creates a powerful lifting force, known as Advanced Differential Air Pressure Technology (ADAPT), that allows for precise ultra-low impact ambulation. The user wears a special pair of shorts and zips the waist into a pressurized airtight enclosure, which is suspended over the treadmill surface. By controlling the pressure in the enclosure, the clinician can accurately reduce the weight of the individual by as much as 80%. Your client will exercise in comfort, enjoying unrestricted mobility and a natural gait pattern.

## Benefits of the G-Trainer™

- Safe, controlled exercise environment
- Ultra-low impact workout while walking or running
- Unrestricted mobility for natural gait mechanics
- Maintains and enhances strength and endurance
- Systematic progression using specific increases in body weight

## Wide Variety of Applications

- Lower body injury, surgery, joint replacement, prosthetics
- Neurologic retraining
- Weight control
- Strengthening and conditioning in older patients
- Sports-specific programs and aerobic conditioning

## Try a G-Trainer™ Today!

We have leasing and rental programs available that make acquiring a G-Trainer™ easy and affordable.



Precision unweighting with natural body movement - experience the difference with the G-Trainer™



## Three easy steps to help your patients restore confidence, conditioning and mobility.



## Five Reasons to Prescribe the G-Trainer™

1. The only system that can unweight to as low as 20% of body weight in precise 1% increments, allowing for partial weight bearing rehabilitation.
2. Provides safe, optimal, proprioceptive retraining with natural gait mechanics.
3. Ensures accurate implementation of a progressive weight bearing program.
4. Complements manual techniques for increasing range of motion.
5. Significantly reduces impact ground reaction force of the lower extremities for pain-free exercise.

